

Soul ART - Project #5

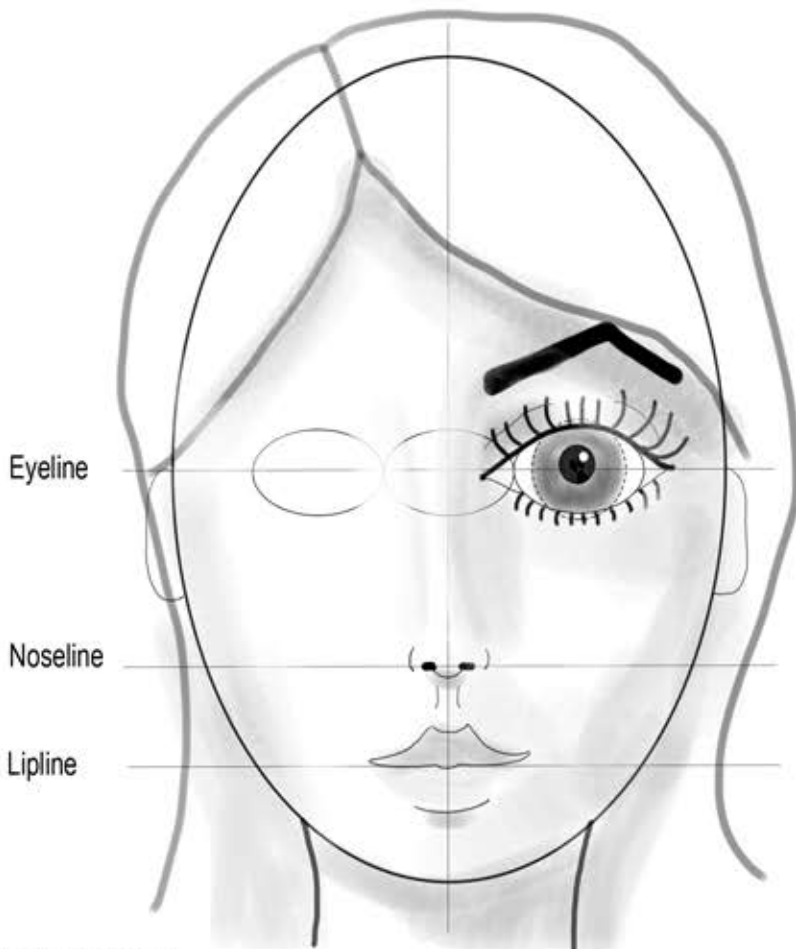
"Face your Fears"

Steps to draw a face:

1. Draw an oval for the face shape.
2. Draw a vertical line halfway through and horizontal line halfway through. This second line will be the "eyeline".
3. Draw another horizontal line halfway between the eyeline and bottom of the chin. This will be the "noseline". Draw one more line halfway between the noseline and chin. This is the "lipline".
4. Draw one oval "eye" in the very center on the eyeline, then two on each side for the eyes. Extend the edges of the eyes into points.
5. Draw the nose on the next line including nostrils & "paranthesis".
6. Draw lips on the lowest line. Add in ears if you'd like (optional).
7. Add in details on the eyes. Iris should be a circle that is larger than the eye. Eyelashes should curve out. Eyelids and eyebrows to finish.
8. Add hair part then draw hair down into the oval and up outside the oval.
9. Add shading around eyes, under hairline, under chin, cheek bones, under nose and bottom lip and connect eyebrow to nose (at least one side).
10. Erase pencil lines and fill in more details, add colour, more shading, and add final highlights, in eyes, on lower lip, on cheeks, etc.

Do something every day that scares you. Eleanor Roosevelt
Face your fears or you will carry them on your back.
Courage is not the absence of fear, but the triumph over it. The brave woman is not she who does not feel afraid, but she who conquers that fear. Nelson Mandela
Fear kills more dreams than failure ever will.

Facing your fear is like building muscles... the more you do it, the stronger you become. Fear is temporary, but regret lasts forever. Confront your fears. Look fear in the face and do it anyways. Be brave.



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For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7
There is no fear in love. But perfect love drives out fear. I John 4:18
Do not fear, for I have redeemed you; I have summoned you by name; you are Mine. Is. 43:1
Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you. Deut. 31:6
Fear whispers to the warrior, "You cannot withstand the storm." The princess warrior whispers back, "I am the storm." Fear is a liar.